

# University of California San Diego

## CURRICULUM VITAE

**NAME:** ALINA S. POPA, M.D.

Position: Health Sciences Associate Clinical Professor  
Department Of Medicine

### EDUCATION:

Sept 88-Sep 94 **University of Medicine and Pharmacy Timisoara, Romania**  
Medicine doctor graduate

Oct 94-Jan 95 National contest for residency admission, specialty and program selection

Feb 95 – Jan 01 **University of Medicine and Pharmacy Timisoara, County Hospital Timisoara, Romania**  
Residency in Neurology

June 02-June 03 **Intern, St. John's Episcopal Hospital, SUNY Brooklyn, NY**

July 03-June 05 **Resident, St. John's Episcopal Hospital, SUNY Brooklyn, NY**

July 07-June 09 **Mayo Graduate School of Medicine, Rochester, MN**  
Fellowship in Hospital Internal Medicine

Sep 07-Oct 08 **Mayo Graduate School of Medicine, Rochester, MN**  
Degree: Certificate in Clinical Research  
The certificate program requires completion of 12 didactic credits and a six-month research project

Feb 08-April 08 **Mayo Quality Academy TEAMS Training-** in-depth course for healthcare professionals who plan to teach, implement and investigate quality improvement. The curriculum covered topics related to quality improvement, quality measurement, patient safety, evidence-based medicine and health policy. The expectation at the end of this 4 month course is that a QI project is completed by the team.

Oct 13 **Stanford Faculty Development Program in Clinical Teaching**  
Month-long faculty development course led by Kelley Skeff, MD and Georgette Stratos PhD. At the end of the program I became a certified instructor for this course on improving faculty clinical teaching skills

April 2015 **Quality and Safety Educators Academy**

The academy provides medical educators with the knowledge and tools to integrate QI and Patient Safety concepts in their local residency training programs. The curriculum provided instruction in quality and safety, curriculum development and assessment, change management and professional development.

**LICENSES, CERTIFICATION:**

- Sep 01            **ECMFG Certification**
- Oct 00            **Romanian Board of Neurology, certified neurologist**
- Aug 05            **Diplomate, American Board of Internal**

**Medicine. Medical License, Medical Board of California valid until  
06/30/2016**

**PRINCIPAL POSITIONS HELD:**

- June 10 – present **Core Faculty, UCSD Internal Medicine Residency**
- June 11 – present **Chair for Medical Education, UCSD Division of Hospital Medicine**
- June 14- present **Co-Director Junior Faculty Development program** for the Division of Hospital Medicine (a one year program that provides mentoring in medical education, quality improvement and research for junior faculty)

**HONORS AND AWARDS:**

- June 14    **UCSD Internal Medicine Chief resident teaching award** for academic year 2013-2014,
- June 14    **UCSD Department of Medicine Graduating House staff teaching award class of 2014**
- June 13    **Excellence in teaching award for the Medicine Clerkship** (course 401)  
                  UCSD School of Medicine San Diego
- June 13 **Nominated: Kaiser Awards for Excellence in Teaching, UCSD School of Medicine**
- June 12 **Nominated: Kaiser Awards for Excellence in Teaching, UCSD School of Medicine**
- Jan 12    **Named Fellow in Hospital Medicine** by the Society of Hospital Medicine
- June 11    **UCSD Internal Medicine Chief resident teaching award** for academic year 2010-2011,
- June 10    **Excellence in teaching award for the Medicine Clerkship** (course 401)  
                  UCSD School of Medicine San Diego
- Feb -May 99 **Scholarship – Neurology Clinic, Sankt Katharinen Hospital, Frechen, Cologne, Germany**
- Feb –May 98 **Scholarship – Neurology Clinic, Sankt Katharinen Hospital, Frechen, Cologne, Germany**
- 93-94        **Romanian Government scholarship for outstanding medical student**
- 92-93        **Romanian Government scholarship for outstanding medical student**
- 91-92        **Romanian Government scholarship for outstanding medical student**

## KEYWORDS/PROFESSIONAL INTERESTS

Medical education, faculty development, leadership in Medicine, evidence-based medicine, quality improvement, patient centered rounding.

## PROFESSIONAL ACTIVITIES

### CLINICAL

- July 09– present      **Medicine Attending, University of California at San Diego**  
Serving 23 weeks of inpatient ward attending as a hospitalist.
- July 09 – present      **Medicine Consult, University of California San Diego**  
Serving 2 weeks of medicine consult as a hospitalist.
- Sep 07 – July 09      **Medicine attending, Austin Medical Center, Austin, MN**  
Served as part time hospitalist during fellowship, 4-8shifts/month
- July 05-June 07      **Medicine Attending and associate teaching faculty, Luther Midelfort Mayo Health System, Eau Claire, WI and University of Wisconsin Family Medicine**  
Hospitalist 1.0 FTE
- Feb 01-June 02      **Neurology Attending, University of Medicine and Pharmacy Timisoara and City Hospital Timisoara, Romania**  
Full time neurologist, outpatient and inpatient

## PROFESSIONAL ORGANIZATIONS

### Memberships

- Jan 12                  Named Fellow in Hospital Medicine (FHM) by the Society of Hospital Medicine.
- Jan 08-present      Member, Society of Hospital Medicine(SHM)
- June 10-present      Member AAIM

## SERVICE TO PROFESSIONAL PUBLICATIONS:

### Journal Reviewer

- Sept 09 – present      **Reviewer, Journal of Hospital Medicine** (a publication of the Society of Hospital Medicine)

## INVITED PRESENTATIONS

### Grand Rounds:

- Sep 14                  **Grand Rounds, UCSD Department of Medicine**  
“Teaching tools for medical educators”
- Jun 05                  **Medicine Grand Rounds St John’s Episcopal Hospital Far Rockaway**  
Change in mental status secondary to primary hyperparathyroidism
- Feb 05                  **Medicine Grand Rounds St John’s Episcopal Hospital Far Rockaway**  
Effect of antiviral treatment on the outcome of secondary bacterial pneumonia after influenza

## **Other Invited Lectures**

Feb 13 **UCSD Updates in Internal Medicine**- CME activity for primary care physicians  
“Pain in patients with complex medical conditions”

## **UNIVERSITY AND PUBLIC SERVICE**

### **UNIVERSITY SERVICE**

#### **University/Department of Medicine Service:**

### **Curriculum Development**

#### **Apr 15- UCSD GME Committee’s patient safety and QI curriculum**

Developing this longitudinal curriculum in collaboration with UCSD QI experts, at request of DIO and CQO to address institutional patient safety and QI training needs for the 995 residents and fellows enrolled at UCSD

May 15 Patient safety curriculum for Internal Medicine Residency program, in collaboration with Archana Laxmisan MD

#### **Oct 14- IPASS Handoff curriculum for Internal Medicine.**

This curriculum helps the IM residency program fulfill the transitions of care ACGME requirements, one of six focus areas for the CLER Site visit. Currently teaching this curriculum for interns, R2 and R3, both through lectures and simulation during resident orientation and academic half days.

Feb 14-present

#### **Curriculum for Hospital Medicine junior faculty development track/fellow in Hospital**

### **Medicine.**

This curriculum includes topics in medical education/ QI and patient safety and entails 22 total hours of lectures as well as mentoring for a QI project of new hires choice.

Feb 14- **contributor to “Online module for resident orientation to High value cost conscious care “**

July 10-present **Neurology curriculum for the UCSD Internal Medicine residency program**

Jan 11-Mar 11 **Co-director for the UCSD Internal Medicine residency Procedure elective pilot** We established a medical inpatient procedure service (MIPS) consisting of an attending and resident physician, combined with a standardized didactic and simulator-based training program, to address deficiencies in procedure training and experience for Internal Medicine residents.

Mar 09 **Mayo Clinic Hospital Medicine Fellows E-curriculum-** Health care associated pneumonia

### **Department of Medicine Activities/service**

March 15- present Member of the UCSD GME Council of faculty experts on Quality initiatives

Jan 15-present UCSD Hospital Medicine reorganization project-amongst 6 members voted by peers

July 14-present **Project leader-UCSD Institutional Handoff improvement project (I-PASS).** This is a national multicenter study on implementation of a handoff curriculum for Internal Medicine residents.

June 14 **Internal Medicine resident orientation-facilitator for section on “Control of teaching session “** - Designed to provide rising residents with the skills to lead effective rounds

- Mar 14-present **UCSD PACE physician Mentoring program** Remediation program for physicians that had disciplinary action with the California Medical Board
- May 13-present **UCSD Hospital Medicine-IM Residency program Wards Orientation handout**
- Sep 13-present **Leader “Bedside rounding initiative”**- a patient centered approach to rounding, where all team members are present at bedside on rounds, with resident presenting the case. Initiative supported by IM residency program in an effort to improve communication with patients
- Nov 14-Jan 15 **Intern selection committee Internal Medicine Residency program at UCSD**
- Nov 13-Jan 14 **Intern selection committee Internal Medicine Residency program at UCSD**
- June 13- **Member Clinical Competencies Committee for the UCSD Internal Medicine Residency program**
- Nov 12-Jan 13 **Intern selection committee Internal Medicine Residency program at UCSD**
- Nov 11-Jan 12 **Intern selection committee Internal Medicine Residency program at UCSD**
  
- Nov 10-Dec 11 **Intern selection committee Internal Medicine Residency program at UCSD**
- Sep 10-June 11 **Medical student Recruitment Committee for UCSD School of Medicine**
  
- Nov 09-Jan 10 **Intern selection committee Internal Medicine Residency program at UCSD**

**UCSD Medical Center Hospital Service:**

- July 15-present **Member in the Patient safety Committee UCSD Health System**
- Jan 13-present **Project Helix-a health system wide project** for improved efficiency, monthly meeting with residency Program leadership- Institutional initiative to improve patient flow and decrease cost on IM residency Services
- Oct 10-present **UCSD PPI project** to decrease overutilization of proton pump inhibitors
- Sep 09-present **UCSD Pain consortium**
- Sep 09- Oct 10 **UCSD Pain Management for Hepatic and Renal Patients workgroup**

**Mayo Clinic Hospital Service**

- 08-11 Research Hospital Internal Medicine Division Committee
- 08-09 Quality Improvement Hospital Internal Medicine Division Committee 07-08  
Mayo Clinic Mortality Review Committee
- 07-08 Aspiration Precautions Quality Improvement Team-Department wide training initiative on assessment and prevention of aspiration pneumonia at Mayo Clinic, Rochester
- 06 Hypertension Expert Committee, Luther Midelfort, Mayo HealthSystem

## **TEACHING and MENTORING**

### **POSTGRADUATE AND OTHER COURSES**

**Stanford Faculty Development Course (SFDC- 8x2 hour sessions covering 7 core principles of medical education)**

- June 15- SFDC “teach the teacher” course for Chief Medical Residents in Internal Medicine
- Dec 13-Apr 14 SFDC “teach the teacher” course for Chief Medical Residents in Internal Medicine
- May 14-Aug 14 SFDC “teach the teacher” course for Chief Medical Residents in Internal Medicine and hospitalists
- Oct 14 SFDC “teach the teacher” course for Hospitalist Clinician-Educators

#### **Internal Medicine Resident Conferences:**

**Friday school presentations (Since July 2013 the “Friday school” has become the main venue for didactic lectures at the UCSD Internal Medicine residency program, in addition to a reduced number of noon conferences)**

- Oct 14 FACTS “How to deal with a difficult learner?”
- Sep 14 Communication of goals and Feedback in Medical education
- Aug 14 Communication of goals and Feedback in Medical education
- July 14 Learning climate in Medical education
- June 14 Special session for “rising R2”-Bedside rounding and the Control of the teaching session
- Dec 13 Stroke
- May 13 Diagnosis and localization in neurological disease. Myelopathies

#### **Noon conference and other conferences UCSD Internal Medicine residency program**

- Dec 14 Introduction of I-PASS, a handoff tool
- Nov 14 Journal club NEJM article on I-PASS, a handoff tool
- July 14 2 conferences for interns on bedside rounding
- May 13 Neurology board review for Internal Medicine residents (2 lectures)
- Jan 13 Neurology curriculum for Internal Medicine residents (2 lectures)
- May 12 Neurology curriculum presentations (5 lectures)
- Oct 12 Hyponatremia

#### **Mayo Clinic Hospital Internal Medicine teaching conferences**

- Sep 07 Probiotic Lactobacillus to prevent diarrhea associated with antibiotics
- May 08 Procalcitonin as a diagnostic test for sepsis in critically ill adults and after surgery
- July 08 Predictors of ischemic stroke after hip surgery: a population based study
- Jan 09 Using Bayesian Diagnostic Testing Strategies for a patient with Myasthenia gravis

## **Faculty Development (through the Office of Medical Education,UCSD)**

### **Apr-June 15 Stanford Faculty Development Course for UCSD**

“Teach the teacher” course for UCSD teaching Faculty from different subspecialties through the SOM’s MEDSseries

## **INFORMAL TEACHING:**

Nov 14 and April 15 **Teaching faculty for the Value Improves Quality** block for the UCSD IM residency program- a high value, cost conscious care curriculum

Feb 11 **UCSD SOM 410 course: ”From Principles to Practice”** –Workshop to practice clinical problem solving for fourth year medical students entering internship

Feb 10 **UCSD SOM 410 course: ”From Principles to Practice”** –Workshop to practice clinical problem solving for fourth year medical students entering internship

July 09 – present **Resident Report, UCSD Department of Medicine**  
Attend morning residents’ report 1-2 times/week as a guest discussant

July 09 – present **Bi-monthly M&M, UCSD Department of Medicine**  
Facilitate weekly conferences for residents and faculty 5-10 times/year.

Jan 11- March 11 **Co-director and teaching faculty for the UCSD Internal Medicine Residency Procedure elective course**

Feb 08 **Mayo Graduate School of Medicine Medical Student “Boot camp training for internship”**

Feb 09 **Mayo Graduate School of Medicine Medical Student “Boot camp training for internship”**  
Workshops for last year medical students entering internship. Participated in revising the curriculum for the “Stroke” and “Fever” sessions.

Sep 07 **Mayo Graduate School of Medicine: Medical Students as patients project**  
A model of teaching empathy

## **MENTORING**

Apr 15 - present **MKSAP /Board review curriculum project.** Having completed the Stanford Faculty Development Program that I teach here at UCSD, a group of hospitalist attendings both in the UCSD and VA hospital systems have developed a curriculum to improve teaching on ward teams, by using an MKSAP compendium of question as a framework.  
Names of mentees can be provided upon request.

Mar 14-present **UCSD PACE physician Mentoring program** The goal of this program is to remediate physicians who had disciplinary action with the California Medical Board.

June 14- present **Co-Director Junior Faculty Development program** for the Division of Hospital Medicine (a one year program that provides mentoring in medical education, quality improvement and research for junior faculty).Names of mentees can be provided upon request

Mar 11-present **MTSP Student Re-Immersion Project.** Goal: Helps MTSP students to acclimate to clinical medicine by the start of their 3<sup>rd</sup> year. I mentored one student each year

**Mentoring (Internal Medicine Residents and faculty):**

Sep 14 **“Life after residency”** –career workshop for Internal Medicine residents, San Diego,

Sep 13 **“Life after residency”** –career workshop for Internal Medicine residents UCSD

Dec 12 **“Life after residency”** –career workshop for Internal Medicine residents, San Diego

July 12- present **Advisor/mentor for Internal Medicine interns/residents/faculty**

11-12 Medical Management Conferences for the Internal Medicine Residency Program. Helped with development of case presentations and systems audit pertinent to the case presentation (advisor for Internal Medicine residents in the process)

**Faculty Mentorship**

Apr 15- **MKSAP /Board review curriculum project.** Having completed the Stanford Faculty Development Program that I teach here at UCSD, a group of hospitalist attendings both in the UCSD and VA hospital systems have developed a curriculum to improve teaching on ward teams, by using an MKSAP compendium of question as a framework.  
Names of mentees can be provided upon request.

July 14 – present **Co-Director Junior Faculty Development program** for the Division of Hospital Medicine (a one year program that provides mentoring in medical education, quality improvement and research for junior faculty)- 2 junior faculty/year

May 14 **Faculty Development session for UCSD Division of Hospital Medicine**  
“Control of teaching session”

May 13 **Faculty Development session for UCSD Division of Hospital Medicine**  
“The RIME framework in the evaluation of medical students”

April 13 **Bedside rounding “refresher” for hospitalists** and introduction of the Bedside rounding

Jan 12 **Faculty Development sessions UCSD Division of Hospital Medicine**  
“How to diagnose the learner”

## **TEACHING AWARDS AND NOMINATIONS:**

- June 14      **Internal Medicine Chief resident teaching award** for academic year 2013-2014, University of California San Diego
- June 14      **Department of Medicine Graduating House staff teaching award class of 2014**
- June 13      **Excellence in teaching award for the Medicine Clerkship** (course 401) UCSD School of Medicine San Diego
- June 13      **Nominated: Kaiser Awards for Excellence in Teaching**, School of Medicine
- June 12      **Nominated: Kaiser Awards for Excellence in Teaching**, School of Medicine
- June 11      **Internal Medicine Chief resident teaching award** for academic year 2010-2011,  
University of California San Diego
- June 10      **Excellence in teaching award for the Medicine Clerkship** (course 401) UCSD School of Medicine San Diego

## **RESEARCH AND CREATIVE ACTIVITIES**

### **RESEARCH AWARDS AND GRANTS**

Nov 14-present **Society of Hospital Medicine mentored implementation I-PASS program.** I-PASS Study was supported by a grant from the U.S. Department of Health and Human Services and we have been accepted as one of the 16 sites for the I-PASS mentored implementation for the IM residents.

June 08 **Project Title:** Hospital Internal Medicine Mentored Small Grant Research Award-Mayo Clinic for the "Predictors of 30 days non-elective hospital readmission rates at Saint Mary's Hospital, Rochester

### **PEER REVIEWED PUBLICATIONS:**

**Popa AS, Rabinstein A, Larson D, Gullerud R, Huddleston JM.** Predictors of stroke after hip surgery-a population based study JHM 2009;4:298-303

**Binnicker MJ, Popa A, Catania J, Alexov M, Tsaras G, Lloyd F, Wegenack NL, Enzler M.** Meningeal Coccidioidomycosis Diagnosed by Real-Time Polymerase Chain Reaction Analysis of Cerebrospinal Fluid. Mycopathologia (2011) 171:285-289

**Zolog A, Bednar M, Georgescu C, Popa A.** Complete sub angular alexia with spontaneous resolution. Romanian Neurology Journal. 1999; 4:304.

### **Books, online resources**

Clinical decision support: Hospital Medicine (<http://www.decisionsupportinmedicine.com>)- **Carotid stenosis and Giant Cell arteritis** chapters

## Research/Innovations Abstracts at National Meetings

- April 16 **Sebasky M, Bordin-Wosk T, Popa R, DeKorte M, Popa R** Tailoring Ward-Based Teaching to Resident Needs Using MKSAP Questions  
APDIM meeting Las Vegas, NV April 2016
- April 16 **Bordin-Wosk T, Wood B, Popa A, Ries D, Patel S, Spector N** Resident satisfaction after implementation of the iPASS handoff bundle  
APDIM meeting Las Vegas, NV April 2016
- March 14 **Lovetro B, Ha D, Jenkins I, Martin L, Clay B, Lane J, Bordin-Wosk T, Popa AS.** Clinical predictors associated with Proton Pump Inhibitors adherence  
Society of Hospital Medicine Annual Meeting 2014, Las Vegas, NV  
Published in the Supplement to the J Hosp Med 2014,4(suppl)
- April 12 **Koppenbrink K, Clay B, Helmons P, Jenkins I, Popa AS.** The impact of an electronic order set in reducing overuse of proton pump inhibitors in the inpatient population  
Society of Hospital Medicine Annual Meeting 2012, San Diego, CA  
Published in the Supplement to the J Hosp Med 2012,5(suppl)
- April 10 **Popa AS, Casey K, Huddleston J, Bergstralh E, Gullerud R** Predictors of 30-day Non-elective Hospital Readmission Rates  
Society of Hospital Medicine Annual Meeting 2010, Washington, DC  
Published in the Supplement to the J Hosp Med 2010;5(3)(suppl 2):60
- April 08 **Popa AS, Rabinstein A, Larson D, Gullerud D, Huddleston JM** Incidence and predictors of stroke after hip surgery  
Society of Hospital Medicine Annual Meeting 2008, San Diego, CA  
Published in the Supplement to the J Hosp Med Vol 3. Suppl 1, 2008:34
- May 05 **Buff D, Popa AS, Botez MI, Calmac R** Adverse drug reactions as a cause of hospital admissions in nursing home patients  
American Geriatrics Society 2005 Annual Meeting, Orlando, FL  
Published in J Am Geriatr Soc. 2005 Apr;53(4Suppl):S1-217
- May 04 **Buff D, Popa AS** Improving the quality of Do-Not-Resuscitate orders  
American Geriatrics Society 2004 Annual Meeting, Las Vegas, NV  
Published in J Am Geriatr Soc. 2004 Apr;52(4 Suppl):S1-246
- May 04 **Buff D, Popa AS** Preventing hypoglycemic episodes in hospitalized geriatric patients. A performance improvement project  
American Geriatrics Society 2004 Annual Meeting, Las Vegas, NV  
Published in J Am Geriatr Soc. 2004 Apr;52(4Suppl):S1-246
- 99 **Zolog A, Bednar M, Georgescu C, Popa A** Complete sub angular alexia with spontaneous resolution  
Abstracts of National Neurology Symposium, Timisoara, Romania.
- 99 **Simu M, Popa A** Outcomes in patients with vascular dementia.  
Abstracts of National Neurology Symposium, Timisoara, Romania.

- 96        **Petrica M., Popa A** **The value of extra cranial Doppler in the study of occlusions of the cervical portion of the internal carotid artery**  
Abstracts of 5th Romanian National Neurology Congress
- 96        **Marin, A, Lazarescu, M, Popa, A, Jernea M** **The transcultural study of Depression. Preliminary results on a Romanian sample.**  
Abstracts of 17th Danubian Psychiatry Symposium
- 96        **Deheleanu, P, Hategan, M, Popa,A., Babos,D, Sabau,D** **Clinical and course peculiarities of recurrent affective psychoses.**  
Abstracts of 17th Danubian Psychiatry Symposium

**Clinical Vignette Posters:**

- March 16   **Kantor M A, Steinberg J, Popa A** **The tip of the iceberg: a rare cause of acute liver failure**  
Winner 1st prize for case vignettes at the Society of Hospital Medicine national meeting, San Diego, CA March 2016
- March 15    **Jacobs M, Duong J, Popa AS** **More than meets the eye-a perplexing case of confusion**  
Society of Hospital Medicine Annual Meeting 2015, Washington, DC
- March 14    **Patel P, Birhanie M ,Popa AS** **Bilateral masked mastoiditis presenting with facial palsy in an adult**  
Society of Hospital Medicine Annual Meeting 2014, Las Vegas, Nevada Published in the Supplement to the J Hosp Med 2014,4(suppl)

